HISC ends the 2019 calendar year with our exciting December activities. We start off with the holiday dinner dance which is a ‘do not miss’ event. There will be a live band and a great chance to “strut your stuff” on the dance floor. This is the last year the event will be held at the Lighthouse Point Yacht Club since HISC is planning a move to our new meeting venue, Galuppi’s, in March 2020.

From there we segue into our New Year’s event which will be held in Lake Boca with the accompanying fireworks from the Boca Hotel and Resort. A perfect opportunity to ring in the New Year with your fellow sailors.

From The Helm

By Jeff Sussman
Commodore Parados

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Continued on Page 2
Renewal applications have been mailed out to all current HISC members. Please return them in a timely fashion so that you can be included in the new roster. Remember dues are unchanged and you can renew online at the HISC website with PayPal. Also don’t forget to let us know if there is any change in your address, phone number, or boat status.

January brings us to the nautical flea market. If you have any nautical or even non-nautical donations please contact Jeff Miskin or Mike Megarity who will be collecting them for sale the weekend of January 18th-19th. All proceeds from the sale is donated to our youth sailing program.

Make your Nautical New Year’s resolution to do something unique in 2020. Maybe do a boat crossing to a new venue, a trip up or down the coastline, or participate in a racing or cruise event that has piqued your interest. Use this new year to explore new seamanship skills.

And as always, Keep sailing...

Jeff Sussman
Commodore HISC

---

**BOAT US MEMBERSHIP**

Boat US membership dues are $30.00. Since we have a group membership; current HISC Members as well as any new HISC Members in 2016 should only pay $15.00.

Our Group Number is GA83724S

If you need any additional information call me, Tim Leonard, Boat US Coordinator at (754) 367-1085 or e-mail to tbleonard@comcast.net

---

**The Club Purpose**

The purpose of the Hillsboro Inlet Sailing Club is to develop, encourage, promote, and stimulate interest in sailing, and to encourage the fellowship and camaraderie associated with sailing and sailors in the Hillsboro Inlet area from Palm Beach to Miami and beyond.

---

**Membership**

An application for membership in HISC may be obtained from membership chairperson Dale Kern at (954) 864-9791 (membership@hisc.org) or by contacting any club member. There is a $30.00 initiation fee and annual dues of $150 (family), $125 (single), are payable upon joining and every January thereafter. After June 30, the dues are 75.00 (family) or $62.50 (single) for the rest of the current year for new members.

---

**Monthly General Meeting**

The Hillsboro Inlet Sailing Club holds a monthly membership meeting generally on the second Thursday of each month, 7:00pm at the Lighthouse Point Yacht and Racquet Club, 2701 N.E. 42nd Street, Lighthouse Point, Tel: (954)942-7224. Please check the monthly calendar or call the editor for any changes in the meeting dates, times, or locations.
Upcoming Events

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<thead>
<tr>
<th>Date</th>
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<tr>
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<td>Board Meeting</td>
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<td>12/07</td>
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<td>12/13</td>
<td>Pompano Boat Parade</td>
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<td>1/2/2020</td>
<td>Board Meeting</td>
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<td>01/09/2020</td>
<td>General Meeting</td>
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<td>01/18/2020</td>
<td>Nautical Flea Market</td>
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<td>01/26/2020</td>
<td>Family Picnic</td>
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<td>02/02/2020</td>
<td>Superbowl Party</td>
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HISC 2019 Governing board

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<th>Position</th>
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<tr>
<td>Commodore</td>
<td>Jeff Sussman</td>
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<td>Vice Commodore</td>
<td>Dale Kern</td>
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<tr>
<td>Rear Commodore</td>
<td>Paul Alcock</td>
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<tr>
<td>Past Commodore</td>
<td>Bob Schuldenfrei</td>
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<td>Treasurer</td>
<td>Sherry Sussman</td>
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<td>Jeff Keiser</td>
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<td>Christeen Pozniak</td>
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<td>Michael Sparks</td>
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<td>One Year Directors</td>
<td>Jeff Miskin</td>
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<td>Katie Sparks</td>
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<td>Staff Commodore</td>
<td>Doug Knickerbocker</td>
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Races, Regattas & After Race Parties Schedule

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<tr>
<th>Date</th>
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<tr>
<td>01/10/2020</td>
<td>Key West Race</td>
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<td>01/25/2020</td>
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<tr>
<td>02/15/2020</td>
<td>Couples Race</td>
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Cruising Calendar

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<th>EVENT</th>
<th>HOSTS</th>
<th>LOCATION</th>
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<tr>
<td>12/19</td>
<td>31/1</td>
<td>New Year’s Cruise</td>
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<td>Lake Boca</td>
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<td>02/20</td>
<td>08</td>
<td>Chilli Cookoff</td>
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Normally the December racing article would be full of highlights about the Mary Wells Coastal Race and the end of racing season. Unfortunately, we had to postpone Mary Wells due to the weather. The fall winds and seas have not been as cooperative as last year. We also had to delay the Commodores Cup and cancel three of the ten Fall Series races.

Whenever the weather forecast is ugly, I field a number of texts, calls, and emails. And I am often asked - when will we “make the call.”

It is our policy to cancel races when conditions warrant and/or Small Craft Advisories are in effect. We consider several factors before deciding to cancel or postpone a race such as the sea state, tide, wind, forecast, and the inlet condition. A strong ebb tide and even a moderate easterly wind can make the Hillsboro Inlet dicey. We need to think about the conditions as boats are both leaving and coming home. The weather may be perfect in the morning, but if the tide changes from flood to ebb, and the wind kicks up, returning to port might be a very different story.

And remember our volunteers. Sitting on the beach in thunderstorms or being sandblasted in 25-knot gusts is rarely fun and could be dangerous. Picking up a mark in three to five-foot seas and a 20-knot breeze can be a challenge. A strong current, an occasional seven-footer and strong gusts make picking up the east mark a herculean task. could get hurt.

With a rock-solid miserable forecast, we can cancel or postpone days in advance. A marginal forecast may make us wait until the night before. Then there are times we discover the forecast is wrong and we do not discover the conditions are not suitable until we are on the water. Prepping for a race takes some effort and we all have busy lives, so we try to make the call as early as possible. Watch your email for the announcement and if you are on the water, monitor channel 68.

While we are all confident in our boats and seamanship, prudence is always the best course of action. We never cancel or postpone a race lightly, but we always make the call with the best interests of the sailors and beach committee in mind. Ultimately the decision to race is the skipper’s call but we try not to put our racers in a situation where they have to choose between racing and safety.

Circle January 25th for the rescheduled Mary Wells Coastal Race and keep your fingers crossed that the winter weather cooperates!

See you on the water.

Michael Sparks
2020 HISC Race Chair
Hosts Barry and Jamie, aboard Lady Grey were joined by Commotion, Bossa Nova, and Popoki Too in North Lake. The boats anchored just opposite Giogio’s Bakery. Happy hour had 31 attendees with many attending by car. Great food and service by Giorgio’s and the event ended with a lively game of RIGHT/LEFT (a variation of Left/Right/Center). Afterwards the party goers wandered into Hollywood Beach for live music and dancing at the Hollywood Bandshell. Gorgeous weather made for excellent sailing conditions both days.

**Boats at Northlake:**
- Lady Grey—Jamie & Barry—Hosts
- Commotion—Ross & Astrid Huton
- Bosa Nova—Michael Lyon
- Popoki Too—Bob & Coleen DiGennaro
The 2019 Sailing Social will be held outside of Hillsboro Inlet on Saturday October 5th 2019 at 10am. Flyer will be sent out shortly. There will be an Ad by Paul & Peggy on Eximius. Cocktails at 5:30pm - BAATS (Bring an Appetizer to Share). Games on board being considered are:

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Sailing Skills tests being considered are (some Volunteers Required):

- [ ]
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If we are missing any tempting competitions, please email Paul at britinusag1@gmail.com.
The 30th Annual Nautical Flea Market will be held on January 18th and 19th,

Event Hours
Saturday: 8:00 A.M. to 5:00 P.M.
Sunday: 8:00 A.M. to 3:00 P.M.

Contact Jeff Miskin or Mike Megarity

Event Location
Community Park, located on US1 (Federal Highway) between NE 10th Street and NE 6th Street
820 NE 18th Avenue, Pompano Beach, FL 33060
Eight Bells - A Navy Tradition—By Paul Alcock—Editor
When I joined the Royal Navy in 1964, they were still practicing standard sea keeping watches.

The Ship’s Bell would be struck for each half hour of the watch of 4 hours.

Sea keepers typically kept the following watches

<table>
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<th>Watch</th>
<th>Duration</th>
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<tr>
<td>First Watch</td>
<td>20:00 hours until 00:00 (midnight) 4 Hours</td>
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<tr>
<td>Middle Watch</td>
<td>00:00 hours until 04:00 4 Hours</td>
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<tr>
<td>Morning Watch</td>
<td>04:00 hours until 08:00 4 Hours</td>
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<tr>
<td>Forenoon Watch</td>
<td>08:00 hours until 12:00 4 Hours</td>
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<tr>
<td>Afternoon Watch</td>
<td>12:00 hours until 16:00 4 Hours</td>
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<tr>
<td>First Dog Watch</td>
<td>16:00 hours until 18:00 2 Hours</td>
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<tr>
<td>Second Dog Watch</td>
<td>18:00 hours until 20:00 2 Hours</td>
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</table>

Some say that the Dog watches allowed the men to get supper and that it alternated the times the sailors would work the watches, day 1 they might start on the First Watch, Morning, Afternoon, and Second Dog Watch, and the next day they would start on the Middle and other watches. Others say it referred to the Dog Star - Sirius - The first star to be seen at night.

There was a general rule on all British Ships - Different Ships, Different Cap Tallys, the Cap Tally was the silk ribbon with the ships name that was tied around the Sailors Caps. That would be interpreted as when you move to another ship, they do things differently.

At the end of the First watch, the ship’s bell would be struck 8 times. Then at 20:30, it would be struck once, twice at 21:00, three times at 21:30, four at 22:00, five at 22:30, six at 23:00, seven at 23:30 and eight bells at the end of the watch. Imagine a sailor sleeping below decks and hearing 8 bells, they knew it was the end of the watch, and were probably late for muster!

So Eight Bells sounded the end of the watch and understood that all was well - if things were amiss, then the bell ringer would probably be too busy to strike the bell!

In recent times, Eight Bells has come to also mean the end of the watch for a kindred spirit.

When a sailor was buried at sea, it was not uncommon for the ships bell to be struck eight times to indicate the end of the watch, thus burials at sea were rarely at the end of a dog watch which were noted by the sounding of four bells, and normally carried out at the end of the watch, Eight Bells.

Paul Alcock
Retired Chief Petty Officer
British Royal Navy 1964 - 1989
Wanted:
Please see the Deerfield Island Sailing Program notice.
Dock wanted for Islander 26’
Contact Ira Wechterman 631-834-6374
Email: iwechterman@gmail.com

Wanted:
Dock space with a lift for 24' yamaha ar240
Weighs about 5500lbs.
Needs to be on a lift as it is a twin jet drive so cannot sit in the water.
Contact: Andy Ryder
Ph: 954.719.6116
Email: andy.ryder9@gmail.com

Wanted:
Looking for a dock for a 27' Island Packet that draws 4 feet.
Please call Ken White at any time on 954-480-7100.

If you have or need dock space, the best place to post it is on the Club’s Facebook Page. We will post it here if you send an email to the Inlet Outlet Editor (it will also get included in the Club Classifieds Ads Online at hisc.org)

Please make sure the email includes the following information:
- Length of Dock available / required
- Depth of Dock or Depth of Boat
- Any special needs (eg. Lift, Power, Water, etc.)
- Contact name
- Contact Phone Number
- Contact Email
Want to get your Local Knowledge into Print?

Could you write a Local Knowledge article? We’re looking for articles about Lake Boca, Hillsboro Inlet, Boca Inlet, Port Everglades, The ICW from Port Everglades to Hillsboro Inlet, and other areas. We’re looking for Articles for the November & December Editions of the Inlet Outlet.

Please contact the Editor if you would like to author a Local Knowledge article.

Club Links:
- Club Website: https://www.hisc.org
- Club Youth Sailing Facebook: https://www.facebook.com/HISCYouthSailing/
- Club Facebook Page: https://www.facebook.com/hisc.org
- Club Photos Online: https://hisc.smugmug.com/
- Club Calendar: https://www.hisc.org/events/
- Hillsboro Inlet Soundings: https://www.hisc.org/inlet-info/

HILLSBORO INLET SAILING CLUB
ADVERTISING

INLET/OUTLET RATES:
1/8 page  11 issues  $150
1/4 page  11 issues  $250
1/2 page  11 issues  $375
HISC Members Business Card ad* $100

Make check payable to: Hillsboro Inlet Sailing Club
Attn. Paul Alcock
5804 NW 18th Court
Margate FL 33063
Are you considering bringing supplies to the Bahamas by boat?
Do not become a victim in need of rescue yourself!

Can you answer these questions positively?
- Have you made the trip to The Bahamas before?
- Is your boat seaworthy for high seas and possible storms?
- Are you tracking sea conditions and tides?
- Do you have sufficient fuel to return?
- Do you have a float plan? Who will you be leaving your float plan with?
- Do you have lifesaving safety equipment on board:
  - EPIRB, life jackets, flares, food, water, all emergency equipment?
- Do you have a marine radio? GPS?
- Are you exceeding safe operating limitations as listed on the vessel’s capacity plate?
- Do you have a contact in The Bahamas with a working phone who can meet you?

If you cannot answer these questions with absolute certainty, consider this alternative:

Bring your donated supplies to a drop-off center, where delivery will be safe, reliable and made to those in need. The following organizations are approved by The Bahamas National Emergency Management Agency:

NEMA: www.bahamas.gov.bs/nema
ROTARY INTERNATIONAL: www.rotarybahamas.com
BAHAMAS CHAMBER OF COMMERCE: www.thebahamascamberrchamber.com
BAHAMAS RED CROSS: www.bahamasredcross.org
AMERICAN RED CROSS: www.redcross.org
SALVATION ARMY: www.salvationarmybahamas.org
CARIBBEAN DISASTER EMERGENCY MANAGEMENT AGENCY: www.cdemo.org

Just as important to consider:
Some navigation channels and harbors that you may be familiar with are now impassable, or contain submerged objects creating a potential hazard to your vessel.

For more info on safety requirements, call the Coast Guard at (305) 415-6869.

You must be a self-sufficient boater to help!
The Hillsboro Inlet Soundings are provided by Jack Holland, we hope you find them useful when Navigating the Inlet

Jack Holland
Chairman
Hillsboro Inlet District
Staff
For Sale: *Esprit du Vent*, a 1987 Catalina 34, #422.

$32,000. Clean, well equipped, and professionally maintained diesel. 135% jib, main, & asymmetrical spinnaker. Mack-Pack sail cover w/lazy jacks.

Air conditioned, wing keel, 4’ 3” draft, Garmin chartplotter, wind instrument, 2 depth gauges, 2 VHF radios, large bimini w/dodger, shore power, 2 starting batteries, 2 house batteries, shore power, 2 battery chargers, stereo w/cockpit speaker, hot water, 12v refrigerator, stove.

Full Coast Guard equipment. Had a marine survey in 2018.

**Contact:** Bob Schudlenfrei, 561/582-3340 or Bob@S-I-Inc.com.
FOR SALE:
ISLAND PACKET 31, Hull # 197-Bot new '89 safe Ocean Vessel-one owner-Yanmar 27 hp diesel(low hours)--Excellent-safe-sturdy-shoal draft (4-feet) full keel.Lots of Equipment & extras:Boat recently hauled, and bottom painted--Many extras-- Special Discount for Club Members $31,500

CALL DENNIS BERG, @954-296-6422

FOR SALE:
Spinnaker pole. 10.6 Ft. long, 2.6" Diam. Needs fixing or replacing end piece. No dents. Good condition otherwise.

Please make offer.
TOM GARVEY
(954)790-5235
For Sale: Solid 1980 Jack Helms 27' $8900

Very dependable engine in an confident and capable 27' sailboat. Several sails included, bottom painted last year. A little rough looking but, with a little care and attention, she's a very unique and manageable boat. All lines run to the cockpit for single-handed racing if that's your thing. This is not some musty old boat. We sail this boat 2-3 times per month. Comes with over-sized dock whips.

Toni Kovac
515-770-1636

For Sale: Hillsboro Beach 2/2 Condo.

Site of 2018 & 2019 Landlubbers Party.

Dockage when available $2.03/ft/mo.

No bridges before inlet.

Call Joe Gomez 954-254-8742
515-770-1636
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Waterfront Times

Jennifer Heit
EDITOR

2787 East Oakland Park Boulevard, Suite 205
Fort Lauderdale, Florida 33306
954.524.9450 P
954.524.9464 F
waterfronttimes.com
editor@waterfronttimes.com

West Marine

Deerfield Beach
110 N. Federal Hwy
Buena Vista Plaza
(954) 427-6165
westmarine.com
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<td>Mary Wells Coastal Re-scheduled from Nov–2019</td>
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I MIGHT LOOK LIKE
I'M LISTENING TO YOU
but in my head
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http://www.hisc.org
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- wish to send an appropriate e-mail “blast” to all members.

Send an e-mail to Paul Alcock at:

hisccoordinator@gmail.com