Hello sailors,
I can’t believe it’s summer already. HISC turned in a fantastic performance at the West Palm Beach Race, in spite of the “Tempest” that greeted us at the Port of Palm Beach. Our club captured 4 out of 5 first place finishes. The Nederlanden Race and Father’s Day Cruise had a terrific turnout and after-race bash. Next month we look forward to Regatta Time in the Abacos, and more Wednesday Beer Can Races. Our big event will be the July 4th Cruise and Celebration with the Thank a Vet Program. HISC will be recognizing our veterans and first responders by inviting them to join us for an afternoon sail and party.

There are so many things to keep up with on a sailboat that it is very easy to let them slide. Being a medical professional, I always try to go through my first aid kit and replace the missing and outdated items once a year. The first ques-

From The Helm
By Jeff Sussman
Commodore
Paradox

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tion, do I have one, the next, do I keep it in a high and dry place. Band Aids lose their adhesiveness in the warm boat environment and may need to be discarded and replaced. Wound Cleansing solutions, like saline and spray canisters need to be replaced yearly, as do your topical antibiotics (Neosporin). These are much more likely to deteriorate once they have been opened. Make sure you have plenty of nonstick Telfa type pads, gauze sponges, Kling wrap, and paper tape. Butterfly bandages or Steri-Strips are great for closing small lacerations when emergency suture is not available.

There’s a short checklist of items below.

Summer is a great time to get out on the water for a day-sail with family and friends, or better yet someone who has never sailed before. The seas are generally calm as long as you can avoid the occasional thunderstorm. Get that boat out of the slip, fill your sails, and head for the open water.

So, join us and “Let’s Go Sailing...”.
Jeff Sussman Commodore HISC

• 4X4 Gauze Cotton
• Band-Aids Small, Med, Large, X-large
• 4X4 Non-stick “Telfa” Pads
• Steri-strips or butterfly bandages
• Rolled Gauze (Stretchy)
• Tincture of Benzoin Swabs
• “Kling”
• Normal Saline or Wound Cleaning Solution
• Paper Tape
• Peroxide
• Adhesive Tape
• Rubbing Alcohol
• Self-Stick Tape
• Tweezers
• Ace Wrap
• Needles
• Adhesive Tape
• Butterfly bandages
• Paper Tape
• Self-Stick Tape
• Adhesive Tape
• Butterfly bandages

BOAT US MEMBERSHIP

Boat US membership dues are $30.00. Since we have a group membership; current HISC Members as well as any new HISC Members in 2016 should only pay $15.00.

Our Group Number is GA83724S

If you need any additional information call me,
Tim Leonard, Boat US Coordinator at (754) 367-1085
or e-mail to tbleonard@comcast.net

The Club Purpose

The purpose of the Hillsboro Inlet Sailing Club is to develop, encourage, promote, and stimulate interest in sailing, and to encourage the fellowship and camaraderie associated with sailing and sailors in the Hillsboro Inlet area from Palm Beach to Miami and beyond.

Membership

An application for membership in HISC may be obtained from membership chairperson Dale Kern at (954) 864-9791 (membership@hisc.org) or by contacting any club member. There is a $30.00 initiation fee and annual dues of $150 (family), $125 (single), are payable upon joining and every January thereafter. After June 30, the dues are $75.00 (family) or $62.50 (single) for the rest of the current year for new members.

Monthly General Meeting

The Hillsboro Inlet Sailing Club holds a monthly membership meeting generally on the second Thursday of each month, 7:00pm at the Lighthouse Point Yacht and Racquet Club, 2701 N.E. 42nd Street, Lighthouse Point, Tel: (954)942-7224. Please check the monthly calendar or call the editor for any changes in the meeting dates, times, or locations.
### Upcoming Events

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<th>Date</th>
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### Cruising Calendar

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<td>July</td>
<td>4-6</td>
<td>Independence Day</td>
<td>Esprit Du Vent, Eximus, Wind Punk</td>
<td>Bahia Mar</td>
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<td>Aug</td>
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<td>Landlubbers Party</td>
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<td>Aug</td>
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<td>Labor Day Cruise</td>
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### HISC 2019 Governing board

- **Commodore**: Jeff Sussman
- **Vice Commodore**: Dale Kern
- **Rear Commodore**: Paul Alcock
- **Past Commodore**: Bob Schuldenfrei
- **Treasurer**: Sherry Sussman
- **Secretary**: Jeff Keiser
- **Two Year Directors**: Christeen Pozniak, Michael Sparks
- **One Year Directors**: Jeff Miskin, Katie Sparks
- **Staff Commodore**: Doug Knickerbocker

### Races, Regattas & After Race Parties Schedule

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<th>Date</th>
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<td>07/17/2019</td>
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<td>08/11/2019</td>
<td>Ladies Day Race</td>
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<td>08/25/2019</td>
<td>Fall Series 1 &amp; 2</td>
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Memorial Day Cruise 2019
By Ross Hutton

The week before Memorial Day brought severe weather to the rest of the US, with tornados and violent thunderstorms popping up day and night. The intense weather up north brought atypical fresh ENE winds to South Florida just in time for planned Thursday departures. The wind continued through Monday morning which kept the temperatures at the dock unusually cool and pleasant and also kept the bugs away.

One boat chose not to go to spare their kids a possible unpleasant ride to Bimini. Wisely, Lady Gray caught the tail end of the preceding weather window and left for Bimini on Wednesday and had a wet yet fast and minimally bumpy ride.

One boat departed between 5-6a on Friday and had a tough time battling wind and waves and decided Miami would be a better experience for 4 teenage boys and Facebook photos showed that they made a great decision.

Commotion left FLL at 4:30am Friday with an auspicious dolphin escort and reefed sails. It was quite breezy and splashy going over with 3-5 ft waves (and even some 7’s once in a while), but also a really quick trip. With the unusual strong ENE winds the best course for us was to head direct from Port Everglades (HDG of 120-130, COG of 95-100) rather than the usual of going down the coast first and then cutting over. This kept the winds and seas off the port bow and kept us from slamming. As we crossed the stream and the current abated, the seas lessened, and our course gradually corrected to the right; we reached off into Bimini at a high speed. We got there in record time, about 8 hrs. 1 pm was the perfect time to arrive, clear in, wash the salt off and enjoy cocktails.

Cookie Monster departed HISC at 00:18am on Friday and arrived at 11, their ride was a bit bumpy and very wet with no dodger to protect them. But everyone was in good spirits and happy to be in Bimini. Intermission departed FLL 430 pm Friday and arrived 630 am Saturday and were greeted by helping hands and noisy dogs at the dock. With the arrival of the other host boat, the party could begin! Finally, PoPoki arrived from FLL Saturday afternoon after a quick 7 hr crossing and the crowd was complete!

Dingies were deployed, snorkel trips were made or attempted. A dingy ride around S. Bimini was completed. A 2:30 date for conch & lobster salad and Kaliks at Stuart’s allowed time for the crews of Commotion and Lady Gray to see onshore and in the water wildlife!
Saturday afternoon club happy hour was held at the patio of Big Game Club. Everyone brought food to share and BYOB. Lady Gray brought mix-your-own Painkillers which helped dispel any memories of sea sickness. Everyone walked down to the well-attended Bimini Seafood and Bread festival and tried a few bites of local food and then headed off to dinner all over the island.

Sunday morning brunch was served at the south end of Big Game club with everyone bringing food and drink to share and Cheryl from Intermission making an amazing brunch dish.

After brunch, Lady Gray headed home and had a quick 7 hour run home. PoPoki headed to Exuma for a multi-week cruise. Not done with the weekend yet, The crews from Commotion and Cookie Monster headed to S. Bimini for beach time and to do some snorkeling. The crews were thrilled to see sharks, rays, beautiful reef fish and a humongous sea turtle.

Monday dawned bright with a bit less wind and the remaining boats headed home. All the boats arrived between 3-430 pm safely to their docks with another Memorial Day Cruise in the books.

**after our departure there was a large fire at the power plant in Bimini on Memorial Day and the island lost power. It was back up the next day, but with a significant capacity reduction. Not sure of the long-term effects there**
For those that were not there we had a very successful Father’s Day cruise. A total of 10 boats from the club participated in the festivities in addition to several other members that arrived at Bahia Mar using a much faster but less entertaining form of transportation. Most of the boats there had participated in the Nederlanden race which very conveniently ended right in front of Bahia Mar. Following the well-established Murphy’s law, we were informed that the Captain’s Quarters, which is where we normally have the festivities, was rented out to the owner’s daughter (what a nerve!) sending Christeen into mild cardiac arrest. Through her charm she was able to secure the private gardens, complete with chairs and tables from the very helpful staff at the hotel. She even managed to get a blower installed so it was cool and bug free!

This event is a joint effort of the racing, social and cruising committees so it was spectacular! The festivities started at 5:30 with over 60 people attending including Bill Nederlanden’s son Alan and granddaughter Jessica. With the food provided by the social committee you know it had to be good - fried chicken, meatballs, pasta salad, subs, watermelon, brownies and cookies. A toast was made in honor of Bill Nederlanden with lemon bitter - his favorite drink - and several speeches were made in his honor, all of them involving the word rum for some reason. Michael Sparks proceeded to announce the race results and pictures were taken to record the event for posterity (and for those who do not remember that they were there).

Sunday was followed by a tasty breakfast which included bagels with cream cheese, brownies and the best Bloody Marys this side of the Mississippi. These drinks are practically a meal on a glass with celery, pearl onions, olives, shrimp and even home made candied bacon! Since it started to rain nobody was in much of a hurry to leave but eventually we had to say our good byes. We were lucky that it didn’t rain Saturday but Sunday’s return home was a different story. It poured most of the afternoon, enough to have to get out the foul weather gear.

If you have not been on a cruising trip this is a great opportunity to meet other members and make new friends. The next event is the Independence Day cruise and Veteran's Appreciation Day July 4th. weekend which will also give you the opportunity to see the fireworks from a prime viewing spot.

by Eduardo Rabadan, Cookie Monster
More Beer Can Racing

Come one, come all. It is that time of year again. Muster at the HI Sea Buoy for a 7 pm start on Wednesday night. Be prepared for a "rabbit start" and a lot of fun. But, keep an eye on your email for possible weather cancellation. It is looking good!

See you on the water.

Chip Packard
Beer Can Racer
Club Program June 13th 2019
By Peder Sahlin—Program Chair

Pam Wall, an honorary Member of HISC, has served the Marine Industry for decades. She has raised her family aboard a sailboat, circumnavigated the world, voyaged across every ocean, cruised through the Caribbean, transited the Panama Canal, and sailed through the South Pacific.

Her expertise has come from personal experience, a lifetime on the water, and years of professional service with West Marine and other major retailers in the Marine Industry.

Pam’s personal consulting services come in many forms, but are not the only service she offers.

Her Seminars are perfect for advice and suggestions on numerous topics, including Bluewater Cruising, Family Sailing, or the Atlantic Circle.

Her constantly updated Blog will offer little secrets and tips, along with upcoming events, published articles, and personal stories of family adventures.

Pam will be giving us a presentation about Preparing Your Boat for a Hurricane.

Visit Pam’s Blog at https://www.pamwall.com/
Racers need Crew—Do you need a Boat?

We have setup a new Crew Pool page on Facebook where members and boats can come together.

If you would like to join this closed group, just send an email to Michael Sparks requesting to join the group. Click on pic below.

OR—if you login to Facebook and do a search for 'Hillsboro Inlet Sailing Club Crew Pool’ and you’ll see a link posted by Michael Sparks

OR— https://www.facebook.com/groups/1969062466531180/

Michael Sparks
2019 HISC Race Chair
Club Members Business Card Advertisement in the Inlet Outlet are just $100 per year.

It’s time to renew your Club Member Business Card Advertisement.

Biz card Ads are $100 per year.

If you have not renewed your Biz Card Ad, Please send your check to:

HISC—Biz Card Ads
Post Office Box 5241
Lighthouse Point, Florida 33074-5241

Include a new Business Card if you wish to update your Ad or if you are submitting a New Business Card Ad.

Alternately, bring your card and check to the General Meeting on June 13th at the Light House Point Yacht Club.

Thanks.

Paul Alcock
Inlet Outlet Editor
The Hillsboro Inlet Soundings are provided by Jack Holland, we hope you find them useful when Navigating the Inlet

Jack Holland
Chairman
Hillsboro Inlet District
Staff
For Sale: *Esprit du Vent*, a 1987 Catalina 34, #422.

$32,000. Clean, well equipped, and professionally maintained diesel. 135% jib, main, & asymmetrical spinnaker. Mack-Pack sail cover w/ lazy jacks.

Air conditioned, wing keel, 4’ 3” draft, Garmin chartplotter, wind instrument, 2 depth gauges, 2 VHF radios, large bimini w/dodger, shore power, 2 starting batteries, 2 house batteries, shore power, 2 battery chargers, stereo w/cockpit speaker, hot water, 12v refrigerator, stove.

Full Coast Guard equipment. Had a marine survey in 2018.

Contact: Bob Schuldenfrei, 561/582-3340 or Bob@S-I-Inc.com.
Club Classifieds—cont’d

Have you seen the new Club Classifieds Section of the club Website? The new section allows for a much more detailed listing of your items for Sale, Wanted or For Rent.

To get your items into the Classifieds section of the site (and an edited edition here in the Inlet Outlet Newsletter) please send the following to the Classifieds Editor—Paul Alcock

- Title of the Item
- Type of Classified Ad (For Sale, For Rent, Wanted)
- Text to describe the item
- Primary Photo (for the Online Classified Ad)
- Additional Photos (for the Inlet Outlet Newsletter)

The Online Classified Ads segment will be update frequently, the Newsletter Ads will only be updated for the following Month.

Please Note: Ads will automatically be dropped on the 1st of the month. So please send a request to extend an Ad for an additional month, before they are dropped. Also, if the item is sold or no longer required, send a request to cancel the ad.

Send Classified Ads to britinusag1@gmail.com

The New feature is open to the Public for Viewing: https://www.hisc.org/classifieds

FOR SALE:
ISLAND PACKET 31, Hull # 197
-Bot new '89 safe Ocean Vessel-one owner-Yanmar 27 hp diesel (low hours)--Excellent-safe-sturdy
-shoal draft (4-feet) full keel.Lots of Equipment & extras:Boat recently hauled, and bottom painted-
-Many extras--
Special Discount for Club Members

CALL DENNIS BERG, @954-296-6422

Call Brenda Smith so you can sail to The Bahamas this summer! 561.994.7530
For Sale: Solid 1980 Jack Helms 27' $8900

Very dependable engine in an confident and capable 27' sailboat. Several sails included, bottom painted last year.

A little rough looking but, with a little care and attention, she's a very unique and manageable boat. All lines run to the cockpit for single-handed racing if that's your thing. This is not some musty old boat. We sail this boat 2-3 times per month. Comes with over-sized dock whips.

Toni Kovac
515-770-1636
Paint with Pat in the Parks - WATERCOLORS, ACRYLICS, OILS - Plein Air - Outdoors
Use LEAF BAR tables - the patented one-legged table that wraps to a tree
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For NEW South Side Cultural Arts Center spacious studios Register Fort Lauderdale Parks & Rec - 954-828-6250

art locations change every month.....www.PatAndersonArtist.com /classes
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Realtor
cindycow@bellsouth.net
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(Fax) 888-216-9521
LeeWilliams4965@gmail.com
WilliamsFloridaHomes.com
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From De Captain’s Sailing
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  notices of HISC events.
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  fications.
• wish to send an appropriate e-mail “blast” to all
  members.
Send an e-mail to Paul Alcock at:
hisccooridinator@gmail.com

Don't miss this great source of
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Pierre Holstein, Webmaster.