



Information for Youth Sailing

COST	No charge to members of HISC. \$75 per child for non-members.
2021 SESSIONS	We hold two sessions each year - Spring & Summer. Each session consists of 4 Saturday lessons from 9:00am to 1:00pm. SESSION 1: February 27, March 6, 13, 20 (Weather Day-March 27) SESSION 2: July 28, and August 7, 14, 21 (Weather Day–Aug 28)
REQUIREMENTS	Children between the ages of 8 – 18years old. Children are not expected to have any sailing skills in order to attend but they MUST be a proficient swimmer. Each sailor MUST pass a simple swim test on the first day. (Swim 50 yards in clothes and shoes).
SKILLS	US Sailing certified Instructors will teach basic sailing skills, knots, nomenclature and boating safety.
BOATS	We provide 17 club boats: Optimist Pram, Sunfish, and O’pen Skiff. These are single-handed boats. Sailors will be responsible for their care while using.
ITEMS TO BRING *REQUIRED	Sunscreen/ Hat/Sunglasses Water bottle/ Bagged lunch, NO GLASS CONTAINERS Towel/ Dry clothes *Life Jacket (United States Coast Guard approved Life Vest – Type 3) *Water Shoes (Non skid, not open toe or flipflops) *Cloth Mask
WEATHER	Sessions will operate rain or shine & weather conditions are monitored by both the Quiet Waters Park Manager and our club coordinator. Should a thunderstorm (lightning) be detected, sailors will obey the signal to return to shore immediately.
WEBSITE	All this information and more is located on our website: www.hisc.org or on Facebook-HISC Youth Sailing Program
LOCATION	Quiet Waters Park, 401 S. Powerline Rd, Deerfield Beach, FL Meet by Splash Adventure Water Park (<i>\$1.50 per person to enter park.</i>)